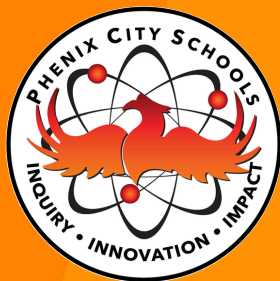


September 2024

9th - 12th Grade Menu



SEP

MENU 2024





ANNOUNCEMENTS:

All students eat Breakfast & Lunch Free.

A la carte items are available for purchase separately.

For student account information or to add funds via online portal, please visit linqconnect.com or call 1-844-467-4700.



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<p>Breakfast: Mini-Cinnis (WG)</p> <p>Lunch: Beef Taco Pie, Corn, Black Bean Salad</p>	<p>Breakfast: Eggs, Sausage, Grits & WG Toast</p> <p>Lunch: Chicken Bites, WG Roll, Baked Beans, Crinkle Fries</p>	<p>Breakfast: Pancake Sausage on a Stick (WG)</p> <p>Lunch: Beefy Macaroni, WG Breadstick, Corn, Green Beans</p>	<p>Breakfast: Sausage, Egg & Cheese Biscuit (WG)</p> <p>Lunch: Cold Cut Sub, Baby Carrots & Celery, Lettuce/Tomato</p>
<p>Breakfast: Mini Chocolate Chip French Toast (WG)</p> <p>Lunch: Cheeseburger (WG), Baked Beans, Potato Wedges</p>	<p>Breakfast: Ham, Egg & Cheese Croissant</p> <p>Lunch: Beef Nachos (WG), Corn, Refried Beans</p>	<p>Breakfast: Pancakes (WG) & Bacon</p> <p>Lunch: Corn Dog (WG), Fries, Green Beans</p>	<p>Breakfast: Sausage Breakfast Pizza (WG)</p> <p>Lunch: Chicken Teriyaki, Fried Rice, Glazed Carrots, Steamed Broccoli</p>	<p>Breakfast: Fruit Parfait or WG Cinnamon Roll w/Icing</p> <p>Lunch: Cold Cut Sub, Baby Carrots & Celery, Lettuce/Tomato</p>
<p>Breakfast: Cream Filled Cinnamon Toast Crunch Bar (WG)</p> <p>Lunch: Grilled Cheese (WG) Baked Beans, Sweet Potato Fries</p>	<p>Breakfast: Mini-Cinnis (WG)</p> <p>Lunch: Cheesy Chicken Fajita, Corn, Black Bean Salad</p>	<p>Breakfast: Eggs, Sausage, Grits & WG Toast</p> <p>Lunch: Chicken Nuggets, Mashed Potatoes, Mixed Veggies</p>	<p>Breakfast: Pancake Sausage on a Stick (WG)</p> <p>Lunch: Sloppy Joe (WG), Baked Beans, Glazed Carrots</p>	<p>Breakfast: Sausage, Egg & Cheese Biscuit (WG)</p> <p>Lunch: Cold Cut Sub, Baby Carrots & Celery, Lettuce/Tomato</p>
<p>Breakfast: Mini Chocolate Chip French Toast (WG)</p> <p>Lunch: Chicken Patty on Bun (WG) Baked Beans, Crinkle Fries</p>	<p>Breakfast: Ham, Egg & Cheese Croissant</p> <p>Lunch: Beef Soft Taco, Corn, Refried Beans</p>	<p>Breakfast: Pancakes (WG) & Bacon</p> <p>Lunch: Chili Dog, Crinkle Fries, Green Beans</p>	<p>Breakfast: Sausage Breakfast Pizza (WG)</p> <p>Lunch: Spaghetti w/Meat sauce, WG Breadstick, Corn on Cob, Mixed Veggies</p>	<p>Breakfast: Fruit Parfait or WG Cinnamon Roll w/Icing</p> <p>Lunch: Cold Cut Sub, Baby Carrots & Celery, Lettuce/Tomato</p>
<p>Breakfast: Cream Filled Cinnamon Toast Crunch Bar (WG)</p> <p>Lunch: Grilled Cheese (WG) Baked Beans, Sweet Potato Fries</p>		<ul style="list-style-type: none"> • Say Please & Thank you. • Share • Be Kind 	 <p>Smart Mouth Pizza Available Daily at CHS & CFA</p>	

Breakfast Choices Served Daily: Variety Fruits, Variety Whole Grain Cereal, Variety Juice & Variety Milk.

Lunch Choices Served Daily: Variety Fruits, Vegetables, Smart Mouth Pizza, Soy Butter & Jelly Grab & GO, Salad Bar, & Variety Milk .

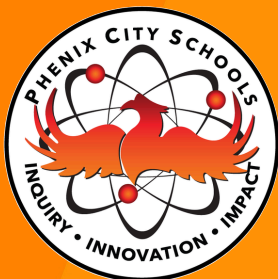
Menus Subject to change.

"WG" indicates Whole Grain items.

This Institution is an equal opportunity provider.

September 2024

6th-8th Grade Menu



SEP

MENU 2024





ANNOUNCEMENTS:

All students eat Breakfast & Lunch Free.

A la carte items are available for purchase separately.

For student account information or to add funds via online portal, please visit linqconnect.com or call 1-844-467-4700.



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<p>Breakfast: Mini-Cinnis (WG)</p> <p>Lunch: Beef Taco Pie, Corn, Black Bean Salad</p>	<p>Breakfast: Eggs, Sausage, Grits & WG Toast</p> <p>Lunch: Chicken Bites, WG Roll, Baked Beans, Crinkle Fries</p>	<p>Breakfast: Pancake Sausage on a Stick (WG)</p> <p>Lunch: Beefy Macaroni, WG Breadstick, Corn, Green Beans</p>	<p>Breakfast: Sausage, Egg & Cheese Biscuit (WG)</p> <p>Lunch: Pepperoni Pizza (WG), Carrots & Celery, Spring Salad</p>
<p>Breakfast: Mini Chocolate Chip French Toast (WG)</p> <p>Lunch: Cheeseburger (WG), Baked Beans, Potato Wedges</p>	<p>Breakfast: Ham, Egg & Cheese Croissant</p> <p>Lunch: Beef Nachos (WG), Corn, Refried Beans</p>	<p>Breakfast: Pancakes (WG) & Bacon</p> <p>Lunch: Corn Dog (WG), Fries, Green Beans</p>	<p>Breakfast: Sausage Breakfast Pizza (WG)</p> <p>Lunch: Chicken Teriyaki, Fried Rice, Glazed Carrots, Steamed Broccoli</p>	<p>Breakfast: Fruit Parfait or WG Cinnamon Roll w/Icing</p> <p>Lunch: Cold Cut Sub, Baby Carrots & Celery, Lettuce/Tomato</p>
<p>Breakfast: Cream Filled Cinnamon Toast Crunch Bar (WG)</p> <p>Lunch: Grilled Cheese (WG) Baked Beans, Sweet Potato Fries</p>	<p>Breakfast: Mini-Cinnis (WG)</p> <p>Lunch: Cheesy Chicken Fajita, Corn, Black Bean Salad</p>	<p>Breakfast: Eggs, Sausage, Grits & WG Toast</p> <p>Lunch: Chicken Nuggets, Mashed Potatoes, Mixed Veggies</p>	<p>Breakfast: Pancake Sausage on a Stick (WG)</p> <p>Lunch: Sloppy Joe (WG), Baked Beans, Glazed Carrots</p>	<p>Breakfast: Sausage, Egg & Cheese Biscuit (WG)</p> <p>Lunch: WG Pizza Crunchers, Marinara, Spring Salad</p>
<p>Breakfast: Mini Chocolate Chip French Toast (WG)</p> <p>Lunch: Chicken Patty on Bun (WG) Baked Beans, Crinkle Fries</p>	<p>Breakfast: Ham, Egg & Cheese Croissant</p> <p>Lunch: Beef Soft Taco, Corn, Refried Beans</p>	<p>Breakfast: Pancakes (WG) & Bacon</p> <p>Lunch: Chili Dog, Crinkle Fries, Green Beans</p>	<p>Breakfast: Sausage Breakfast Pizza (WG)</p> <p>Lunch: Spaghetti w/Meat sauce, WG Breadstick, Corn on Cob, Mixed Veggies</p>	<p>Breakfast: Fruit Parfait or WG Cinnamon Roll w/Icing</p> <p>Lunch: Cold Cut Sub, Baby Carrots & Celery, Lettuce/Tomato</p>
<p>Breakfast: Cream Filled Cinnamon Toast Crunch Bar (WG)</p> <p>Lunch: Grilled Cheese (WG) Baked Beans, Sweet Potato Fries</p>		<ul style="list-style-type: none"> • Say Please & Thank you. • Share • Be Kind 		

Breakfast Choices Served Daily: Variety Fruits, Variety Whole Grain Cereal, Variety Juice & Variety Milk.

Lunch Choices Served Daily: Variety Fruits, Vegetables, Soy Butter & Jelly Grab & GO, Chef Salad, & Variety Milk.

Menus Subject to change.

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September 2024

PCELC PreK - 5th Grade Menu



SEP

MENU 2024





ANNOUNCEMENTS:

All students eat Breakfast & Lunch Free.

A la carte items are available for purchase separately.

For student account information or to add funds via online portal, please visit linqconnect.com or call 1-844-467-4700.



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<p>Breakfast: Mini-Cinnis (WG)</p> <p>Lunch: Beef Taco Pie, Corn, Black Bean Salad</p>	<p>Breakfast: Eggs, Sausage, Grits & WG Toast</p> <p>Lunch: Chicken Bites, WG Roll, Baked Beans, Crinkle Fries</p>	<p>Breakfast: Pancake Sausage on a Stick (WG)</p> <p>Lunch: Beefy Macaroni, WG Breadstick, Corn, Green Beans</p>	<p>Breakfast: Sausage, Egg & Cheese Biscuit (WG)</p> <p>Lunch: Pepperoni Pizza (WG), Carrots & Celery, Spring Salad</p>
<p>Breakfast: Mini Chocolate Chip French Toast (WG)</p> <p>Lunch: Cheeseburger (WG), Baked Beans, Potato Wedges</p>	<p>Breakfast: Ham, Egg & Cheese Croissant</p> <p>Lunch: Beef Nachos (WG), Corn, Refried Beans</p>	<p>Breakfast: Pancakes (WG) & Bacon</p> <p>Lunch: Corn Dog (WG), Fries, Green Beans</p>	<p>Breakfast: Sausage Breakfast Pizza (WG)</p> <p>Lunch: Chicken Teriyaki, Fried Rice, Glazed Carrots, Steamed Broccoli</p>	<p>Breakfast: Fruit Parfait or WG Cinnamon Roll w/Icing</p> <p>Lunch: Cold Cut Sub, Baby Carrots & Celery, Lettuce/Tomato</p>
<p>Breakfast: Cream Filled Cinnamon Toast Crunch Bar (WG)</p> <p>Lunch: Grilled Cheese (WG) Baked Beans, Sweet Potato Fries</p>	<p>Breakfast: Mini-Cinnis (WG)</p> <p>Lunch: Cheesy Chicken Fajita, Corn, Black Bean Salad</p>	<p>Breakfast: Eggs, Sausage, Grits & WG Toast</p> <p>Lunch: Chicken Nuggets, Mashed Potatoes, Mixed Veggies</p>	<p>Breakfast: Pancake Sausage on a Stick (WG)</p> <p>Lunch: Sloppy Joe (WG), Baked Beans, Glazed Carrots</p>	<p>Breakfast: Sausage, Egg & Cheese Biscuit (WG)</p> <p>Lunch: WG Pizza Crunchers, Marinara, Spring Salad</p>
<p>Breakfast: Mini Chocolate Chip French Toast (WG)</p> <p>Lunch: Chicken Patty on Bun (WG) Baked Beans, Crinkle Fries</p>	<p>Breakfast: Ham, Egg & Cheese Croissant</p> <p>Lunch: Beef Soft Taco, Corn, Refried Beans</p>	<p>Breakfast: Pancakes (WG) & Bacon</p> <p>Lunch: Hot Dog, Crinkle Fries, Green Beans</p>	<p>Breakfast: Sausage Breakfast Pizza (WG)</p> <p>Lunch: Spaghetti w/Meat sauce, WG Breadstick, Corn on Cob, Mixed Veggies</p>	<p>Breakfast: Fruit Parfait or WG Cinnamon Roll w/Icing</p> <p>Lunch: Cold Cut Sub, Baby Carrots & Celery, Lettuce/Tomato</p>
<p>Breakfast: Cream Filled Cinnamon Toast Crunch Bar (WG)</p> <p>Lunch: Grilled Cheese (WG) Baked Beans, Sweet Potato Fries</p>		<ul style="list-style-type: none"> • Say Please & Thank you. • Share • Be Kind 		

Breakfast Choices Served Daily: Variety Fruits, Variety Whole Grain Cereal, Variety Juice & Variety Milk.

Lunch Choices Served Daily: Variety Fruits, Variety Fresh Vegetables w/Low Fat Ranch, Soy Butter & Jelly, & Variety Milk.

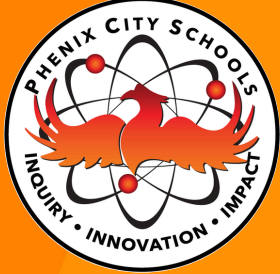
Menus Subject to change.

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September 2024

Creekside Early Learning Center Pre-K Menu



SEP

MENU 2024





ANNOUNCEMENTS:

All students eat
Breakfast & Lunch
Free.

A la carte items are
available for
purchase separately.

For student account
information or to add
funds via online
portal, please visit
linqconnect.com or
call 1-844-467-
4700.



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<p>2</p> <p>Breakfast: WG Cereal w/String Cheese</p> <p>Lunch: Beef Taco Pie, Corn, Black Bean Salad</p>	<p>3</p> <p>Breakfast: Eggs, Sausage, Grits & WG Toast</p> <p>Lunch: Chicken Bites, WG Roll, Baked Beans, Crinkle Fries</p>	<p>4</p> <p>Breakfast: WG Cereal w/Yogurt</p> <p>Lunch: Beefy Macaroni, WG Breadstick, Corn, Green Beans</p>	<p>5</p> <p>Breakfast: WG Mini Berry Waffles</p> <p>Lunch: Pepperoni Pizza (WG), Carrots & Celery, Spring Salad</p>
<p>9</p> <p>Breakfast: WG Mini Maple Pancakes</p> <p>Lunch: Cheeseburger (WG), Baked Beans, Potato Wedges</p>	<p>10</p> <p>Breakfast: WG Cereal w/String Cheese</p> <p>Lunch: Beef Nachos (WG), Corn, Refried Beans</p>	<p>11</p> <p>Breakfast: WG Sausage Biscuit</p> <p>Lunch: Corn Dog (WG), Fries, Green Beans</p>	<p>12</p> <p>Breakfast: WG Cereal w/Yogurt</p> <p>Lunch: Chicken Teriyaki, Fried Rice, Glazed Carrots, Steamed Broccoli</p>	<p>13</p> <p>Breakfast: WG Mini Berry Waffles</p> <p>Lunch: Cold Cut Sub, Baby Carrots & Celery, Lettuce/Tomato</p>
<p>16</p> <p>Breakfast: WG Mini Maple Pancakes</p> <p>Lunch: Grilled Cheese (WG) Baked Beans, Sweet Potato Fries</p>	<p>17</p> <p>Breakfast: WG Cereal w/String Cheese</p> <p>Lunch: Cheesy Chicken Fajita, Corn, Black Bean Salad</p>	<p>18</p> <p>Breakfast: Eggs, Sausage, Grits & WG Toast</p> <p>Lunch: Chicken Nuggets, Mashed Potatoes, Mixed Veggies</p>	<p>19</p> <p>Breakfast: WG Cereal w/Yogurt</p> <p>Lunch: Sloppy Joe (WG), Baked Beans, Glazed Carrots</p>	<p>20</p> <p>Breakfast: WG Mini Berry Waffles</p> <p>Lunch: WG Pizza Crunchers, Marinara, Spring Salad</p>
<p>23</p> <p>Breakfast: WG Mini Maple Pancakes</p> <p>Lunch: Chicken Patty on Bun (WG) Baked Beans, Crinkle Fries</p>	<p>24</p> <p>Breakfast: WG Cereal w/String Cheese</p> <p>Lunch: Beef Soft Taco, Corn, Refried Beans</p>	<p>25</p> <p>Breakfast: WG Sausage Biscuit</p> <p>Lunch: Hot Dog, Crinkle Fries, Green Beans</p>	<p>26</p> <p>Breakfast: WG Cereal w/Yogurt</p> <p>Lunch: Spaghetti w/Meat sauce, WG Breadstick, Corn on Cob, Mixed Veggies</p>	<p>27</p> <p>Breakfast: WG Mini Berry Waffles</p> <p>Lunch: Cold Cut Sub, Baby Carrots & Celery, Lettuce/Tomato</p>
<p>30</p> <p>Breakfast: WG Mini Maple Pancakes</p> <p>Lunch: Grilled Cheese (WG) Baked Beans, Sweet Potato Fries</p>	<p>National Children's Good Manners Month</p> 	<ul style="list-style-type: none"> • Say Please & Thank you. • Share • Be Kind 		

Breakfast Choices Served Daily: Variety Fruits, Variety Whole Grain Cereal, Variety Juice & Variety Milk.

Lunch Choices Served Daily: Variety Fruits, Soy Butter & Jelly, & Variety Milk.

Menus Subject to change.

“WG” indicates Whole Grain items.

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